

Felicity Hodgkinson is a relational supervisor with a background in coaching leadership and workplace relationships. Her interest in supervisory practices began with peer supervision for internal coaches for a FTSE 100 business in 2009 and has continued to evolve, working with internal and external coaches, and those focused on supporting individuals and teams.



A gestalt and systemic philosophy informs her process, and her orientation is to support awareness of self and quality of relationship with others in order to support the work to be done. When supervising groups she believes the wisdom of the whole group adds value.

Felicity has a style that has been described as warm, 'challenging, not soft'; she is known to combine expertise and rigour with intuition and high support. Her approach is deeply personal and highly practical.

Alongside her ICF PCC credential, Felicity's qualifications include a Diploma in Relational Supervision (training alongside therapists and mental health practitioners); ICF PCC Mentor Coaching Assessor and an MSc in Organisational Transformation. She also draws on her 20 years of experience of organisational dynamics from roles in marketing, commercial and change management in corporates, small business and not for profits.

Her coach trainings include Systemic Constellations with the Whole Partnership; iEQ9 Enneagram practitioner; and she weaves in Interpersonal Neurobiology and the brain science of relationships. She completed Symphony of Self and will encourage you to explore the parts of you and how they shape how you coach. She has regular supervision both for her coaching and for her supervision practices.

In her broader experience, she has been a Trustee for a charity focused on minimising loneliness: worked as the individual and team coach for an organisation focused on mental health, and volunteered as both Director and President of the UK ICF, 2018 - 2020.

Felicity is a learner with an adventuring spirit; she's passionate about all things coaching; loves being outside on her bike, skis or hiking; and values downtime on her own and in deep connection with others alongside Nature.

You can find her coaching and supervision services at www.bendtheriver.org
Connect with her on [LinkedIn](#)